

## Time to get your ducks in a row!



Our annual Kids Heart Challenge is set to begin the week of February 10<sup>th</sup>. All students in grades K-3 will participate during their Physical Education Classes. The goal of this event is to help students learn how to be "Heart Healthy" and feel good!

Join our "Quack Pack" by registering today and receive this year's Heart-Hero wristband!



Scan the QR code to get started:

